Dear Grace Community,

Are you concerned about the media your child is exposed to online via YouTube?

Do you wonder how to navigate conversations about the growing hate and tension in our world?

Are you seeking community to help you navigate parenting challenges especially around limits and screens?

We know our students are consuming content via YouTube, video games, and in some cases social media. As parents navigate these choices and exposures, Christine Comas and I will reprise a presentation about digital safety for students.

The digital safety presentation will be offered in person on **Friday**, **February 23 at 8:45 am in** the library. It will also be offered virtually later that day, **at noon via Zoom**. That session will be recorded.

As a follow-up to this program, we are delighted to partner with the Parents Association to bring Katherine Reynolds Lewis back to Grace. Katherine is the author of <u>The Good News About Bad</u> <u>Behavior: Why Kids are Less Disciplined Than Ever and What to Do About It</u> and was last here in 2018, soon after her book was published. Reviewers from across the world of education and psychology have high praise for her work:

"The Good News About Bad Behavior" is the book parents and teachers need in order to understand the link between empathy and genuine, human connection to positive behavioral outcomes. Lewis explains how children's lack of self-regulation and resilience is at the root of so many modern parenting dilemmas and gives practical, useful advice for how to do better for our kids. The Good News About Bad Behavior is an important addition to my parenting and education library."—Jessica Lahey, author of The Gift of Failure

Katherine will deliver a one hour keynote in the Grace Library on **Wednesday March 13 at 5:30 pm.** Childcare with pizza will be provided. She will have books for purchase at the event. Following her keynote, Katherine will offer a series of **three office hours sessions** over a few months focused on themes such as responding to hate speech, and navigating screens.

We are delighted to lean into these topics with you and hope you will plan to join us. The keynote will be recorded as well. A registration form for all of these events will be coming soon!

-Jen